



COVID-19 Update 12 May 2020

Dear Members,

We are very excited to let you know that given the announcements from the government yesterday we will be able to re-open and run classes at HVG under Alert Level 2.

Due to ongoing restrictions, for the safety of our members, staff and wider community, there will be changes to our general procedures and the delivery of our classes, including timetable changes. We will begin Term 2 on May 25th with the last day of term the 4th of July. This will give us a 6-week term. Competitive members will be contacted by the head coach regarding start dates and hours for Level 2.

Please find below information on what Alert level 2 will look like at HVG. We thank you all for your patience and understanding while we work within the government guidelines especially around the need to maintain physical distancing, hygiene standards and contact registers.

Our new Timetable for Term 2

The new Term 2 Timetable is included below, and you can also view it on our website <http://huttvalleygym.co.nz/gym-for-all/time-table/>. The classes will look a little different to our usual timetable so please look closely at the start and finish times. Some classes have been removed however we have additional classes timetabled for Sunday. This helps us spread our numbers across the week and reduce overall numbers in the gym at any one time. To ensure we are keeping to Ministry of Health guidelines regarding social distancing and expected maximum numbers in a gathering, class numbers have been reduced both in total group number and coach: gymnast ratio. Our Gym for All classes will have a 1:6 ratio this term.

We will not be able to offer any casual classes in term 2.

We look forward to getting back to a fuller timetable when restrictions allow.

If you have already enrolled for a class

You will be contacted in the next few days to confirm if you are or are not returning for Term 2. If you decide not to come back in Term 2 we will hold your place on the waitlist for Term 3.

As our class numbers for Term 2 will be reduced we will be working on a who signed up first policy for the term. Once we have filled our quota for a particular class we will be in touch with those who have missed

out on their signed up class to possibly offer other options (we are running classes on Sunday for Term 2) or to put you on a waitlist for when we can safely increase our numbers.

Once you have been confirmed for a class you will be sent out the revised invoice for the 6-week term. In the past members have been afforded a degree of flexibility with paying fees and payments have been made before the first class. However, with the current climate and financial uncertainty we must ensure that all fees are paid in full online before you begin classes. All invoices must be paid by 20th May otherwise your place will be offered to the next person on the waitlist.

For anyone that has already paid the full-term fee you will have a credit of the balance added to your child's profile. This can be used in term 3 or we can credit it back to your bank account.

There will be no payment facilities at the gym during Alert Level 2, so please pay online through direct credit.

Competitive Training

Your Head Coach will be in contact regarding changes that will affect training hours for May and June over the next 2 days.

Any questions regarding invoicing please contact our admin team admin@huttvalleygymsports.co.nz.

Additional Health and Safety Measures during Alert Level 2

We understand that our members will feel more comfortable with some reassurance around the additional measures and changes to our procedures we will be putting into place to ensure the safety of our members. Here is a summary:

- We have contact tracing procedures in place for all visitors to the gym including members, staff and delivery personnel
- **HVG has a zero tolerance to illness. If any of our staff or members are feeling unwell, they will be asked to not come to the gym until clear**
- All staff and coaches will be rostered on to a very strict cleaning schedule. High traffic areas will be cleaned 3 times a day and gym equipment will have additional cleaning
- Hands to be washed/sanitised before entering the gym
- During session hands to be sanitised every time that the whole group re locates to a new area
- Each group to be allocated an area for warm up (and when they arrive will come and sit in their allocated area on spots/crosses 2m apart until their session starts.)
- There will be a list on the door of all class groups - where they enter/exit, their Coach, where they warm up. (No large warmups, warmups will be spread around the gym with each group warming up separately).
- The Reception/Office will be closed to ensure no face to face interactions
- Payment options are limited to online banking
- Parents are required to drop off and collect from outside the gym (except parented pre-school classes). A member of staff will be available to supervise and assist.
- We expect all drop offs and pick ups to be punctual
- If you feel that your child will not be comfortable in the gym without you please contact the office and we will send through a "Permission to be in the Gym" form for you to fill out

- We will be offering additional entrance and exit areas to separate out classes with pathways clearly signed and a coach directing
- The water fountain will be out of use – **Please bring drinks bottle clearly named.** All drink bottles left at the gym will be disposed of at the end of the day for hygiene purposes.
- Please come changed and ready to start your class with only your drink bottle (no bags for Gym for All classes).
- Small handheld equipment and soft play gear will be limited during this period, and groups will be allocated areas so not to interact with other groups within the gym.

All coaches will be familiar with the Gymnastics NZ "Returning to Activity - Guidelines for Coaches and Athletes". Programmes will be adjusted to ensure gymnasts are rebuilding after a period of time out of the gym ensuring their safety and minimise injury risk

Head Coaches will ensure that all session plans show:

- How social distancing during the session will be achieved
- How groups will stay within their group bubble
- An understanding that their gymnasts will be at all different stages of fitness, motivation and conditioning and that they are able to accommodate this

HVG is working closely with Gymnastics NZ to ensure we are also sitting within all guidelines they are currently developing/have developed. Please be assured that the safety of our staff and members is paramount.

We hope that this has answered many of your questions, but please feel free to get in touch with any other questions, or comments you have. Feedback from our members is vital to our day to day operations and we value thoughts and opinions from you.

Term 2, 2020 (25th May - 4th July)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					8.30am - 9.15am Jumpin Jellybeans	8.30am - 9.15am Jumpin Jellybeans
10:15am - 10:50am Tumblin Toddlers	10:15am - 10:50am Tumblin Toddlers	10:15am - 10:50am Tumblin Toddlers			9.30am - 10.20am High Fives	9.30am - 10.20am High Fives
11:00am - 11:45am Jumpin Jellybeans	11:00am - 11:45am Jumpin Jellybeans	11.00am - 11:45am Jumpin Jellybeans			10.30am - 11.20am Flyers	10.30am - 11.20am Flyers
1:30pm - 2:30pm Adventurers	1.30pm - 2.15pm Jumpin Jellybeans	1.30pm - 2.15pm Jumpin Jellybeans			11:30am - 12:20pm Tumbling	11.30 - 12.50pm Advanced Flyers
3:20pm - 4:10pm High Fives & Flyers	3:20pm - 4:10pm High Fives	3:20pm - 4:10pm High Fives & Flyers	3:20pm - 4:10pm High Fives	3:20pm - 4:10pm High Fives		
4:15pm - 5:05pm Flyers	4.15pm - 5.05pm Advanced Flyers	4:15pm - 5:05pm Flyers	4:15pm - 5:05pm Flyers	4.15pm - 5.05pm Advanced Flyers		
		5.10pm - 7.10pm Team Gym				
		8.00pm - 9.00pm Adults Class	8.00pm - 9.00pm Parkour			

Class	Who For	Description	Term fee
Tumblin Toddlers	Play Gym for 2 - 3 year olds	Adult/Child centered PlayGym Class	\$58.00
Jumpin Jellybeans	Play Gym for 3 - 5 year olds	Adult/Child centered PlayGym Class	\$84.00
Adventurers	Play Gym for 4 - 5 year olds	Coach/Child centered PlayGym Class (Invite only)	\$93.00
High Fives	Gym For all 5 - 7 years old	Hutt Valley Gymnastics Badge Programme	\$92.00
Flyers	Gym For all 8 - 12 years old	Hutt Valley Gymnastics Badge Programme	\$92.00
Advanced Flyers (Tu/F)	Advanced Gym For All	Hutt Valley Gymnastics Badge Programme	\$93.00
Advanced Flyers (Sun)	Advanced Gym For All	Hutt Valley Gymnastics Badge Programme	\$112.00
Tumbling	Tumblers	Trampoline, Tumbling and Vaulting (structured)	\$93.00
Team Gym	Aged 8+	Exciting style of group performance	\$134.00
Adults Class	Aged 18+	Have fun while learning new skills	\$54.00
Parkour	Aged 12+	Free running skills including jumping, flips and vaulting	\$54.00