

GYMNASTICS NEWSLETTER



Our Club offers quality Coaching and Programmes for athletes of all ages.

Term 3 2020 "We are back and going for it!"

HUTT VALLEY GYMNASTICS
2020 GOLF DAY
SECOND SEASON

WITH BBQ,
CHARITY
AUCTION,
DRINKS, PRIZES
AND FUN!

FRIDAY
2ND OCTOBER

SHANDON
GOLF CLUB

\$65/PERSON OR \$250/TEAM OF 4
FOR REGISTRATION OR SPONSORSHIP, PLEASE CONTACT:
SECRETARY@HUTTVALLEYGYMSPORTS.CO.NZ, 04 566 3244

Golf Day

Come along and join our second Annual Golf Day on Friday 2 October. This is the major fundraiser of the year as we work towards relocating to our new premises.

Please email fundraising@huttvalleygymsports if you would like to register a group or team for this fun-filled day. If you are unable to attend on the day, we would be very grateful for any donations of prizes for the auction.

WHAT'S BEEN HAPPENING

- Term 3 started well
- Finalising arrangements for the Club's Elementary WAG & MAG Gymnastics Competition
- Golf Day fundraiser preparations (2 Oct)
- Registering our competitive athletes into Gymnastics NZ Super Series competitions throughout the region/country
- Joined the briefing session about the new Gym For All programme for 2021 ... very exciting
- Open Day's: Play Gym and Adults



Having fun at the Explorers Open Day



Elementary WAG and MAG Competition 2020

On 30 August the Club will host the Hutt Valley Gymnastics Elementary Competition at our presmies. This is for WAG Steps 1-4 and MAG Level 1-3 and is the only competition the Club hosts each year. **All competitive families** are required to support 1-2 sessions at this competition regardless if their athlete is competing.

This event raises funds towards the running of the gym. Areas that parents are asked to volunteer in are: Setting up the gym in preparation for the competition, baking, provision of food for the cafeteria, working in the cafeteria, sorting

ribbons, manning the door, the sausage sizzle and returning the gym back to its original state. We will be in touch with roles after entries close on 3 August.

The Competition Coordinator is WAG Head Coach, Michelle Woolf, supported by MAG Head Coach, Pasha Levchenko and our full coaching team. Please direct any enquiries to admin@huttvalleygymsports.co.nz

MAG (Mens Artistic Gymnastics)

MAG
Beginners
class. Making
sure we are
on track and
ready for the
Term.



School Holiday Training - Wellington Region MAG Boys

During the July School Holidays the Hutt Valley boys travelled to the Kapiti Gymnastics Club to train together. We had a great time, With everyone being motivated, and pushing each other to their limits. Each athlete achieved at least two new goals and coaches and gymnasts got to know one another better. We would like to thank Kapiti for the opportunity to be able to use their gym and bring all the Wellington boys together. The Wellington Region is growing!

Competition season

Our MAG competing athletes will be attending the following four competitions in 2020:

30 Aug - HVG Club - Level 1 to 3
5-6 Sep - Kapiti Champs - All Levels
19 Sep - Capital Champs - All Levels
26-27 Sep - TriStar, Auckland -
Level 5+ (optional)

Combined Holiday Training at Kapiti Gymnastics Club.



2021 Gym For All

The Apparatus Gymnastic program for Stages and Excel was recently released. We are excited about this programme with activities suitable for all genders and ages. This focuses on gymnastics with or without apparatus.

The first 3 levels are inclusive, flexible, achievable, fun and social. The programme is also a pathway to the New Zealand Gymnastics Club Championships. Feel free to speak with Head Coach Mel Sales with any questions. We will include further information as we move closer to 2021.

NEW 5-Visit Casual Pass

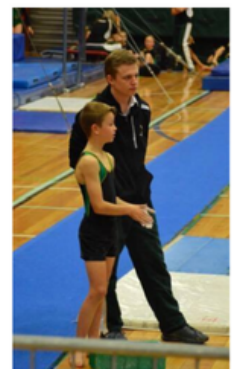
This term we have introduced a 5-Trip card for the Play Gym Explorers classes and Adults sessions. Call into the office and collect yours today.

- Playgym Cards are \$22.50 and can be used at any of the 9:30-10:00am classes during the week.
- The Adults Cards are \$45.00 and can be used at Parkor or Adult General sessions, 8:00-9:00pm

THANK YOU

Our Grants Officer has been working hard on behalf of the Club and has secured a grant from the Four Winds Foundation for **\$10,000.00** to assist us with some preliminary building work at our new premises at Fraser Park. This is a huge help as we progress forward.

We would also like to say a big thank you to Daniel Nield who left the Club at the end of last term. Daniel was originally a gymnast with Hutt Valley Gymnastics and became a coach in his teenage years coaching competitive boys and more recently Gym For All athletes. We wish Daniel well.



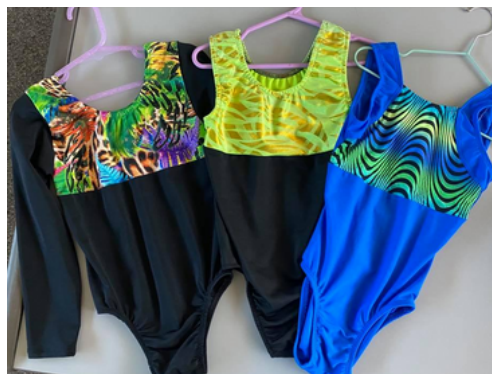


Emergency Food Supplies

Can families please send a can of tinned food in with their athlete next week to roll over our emergency supplies? This could be canned spaghetti, baked beans or even some packet food like Uncle Bens Rice and other long life food. Items can be left in the box inside the office door. The current supplies will be donated to the Lower Hutt Foodbank.

Clothing for Sale

Did you know that we have a rack of second-hand gymnastics clothing for sale? There are also new items on display supplied by Club sponsor, Cymtastic. Please come and check these out.



Committee Update

Strategic Plan 2020-24

The Committee is happy to present to you the adopted 2020-24 Strategic Plan for the Hutt Valley Gymnastics Club. In preparation of this document the Club worked closely with our Gymnastics New Zealand Regional Representative, Megan Russell to conduct a thorough and inclusive review for this Strategic Plan. We would like to thank Megan for her help and support with this process.

Due to our pending move and the commitment from the Hutt City Council with funding support the Committee wanted to ensure that we were well equipped for the coming period and are excited with our goals and targets moving forward. These will now be drilled down and targets put in place to ensure we achieve our plan. We have created a page on our website for you to track progress and updates: <http://huttvalleygym.co.nz/strategicplan>

Farewell and Welcome

Emma Austin and Bridget Adair have left the Club Committee. Emma was with the Committee for a short time and we would like to thank her for her support in her role on the Marketing Sub-Committee and as Privacy Officer. Bridget was on the Committee for a number of years and has recently been leading the Marketing Sub-Committee. Bridget will continue to support the Club as a judge and in other supporting roles. We would also like to welcome long-time Member Sarah Burnell who has joined the Committee through to the AGM in November.

Independent Review of Club Structure

The Committee received the Independent Review of Operational and Organisational Structure report back. This has supported the current desires of the Committee and is complimentary to the Club's new Strategic Plan. The Committee is now working through the next steps and an implementation plan. We have recently advertised a new role of Gymnastics Programme Manager with applications closing today, 31 July.

Next Committee Meeting

The next meeting is scheduled for Monday, 24 August commencing at 6:30pm. All members welcomed.