

GYMNASTICS NEWSLETTER

Our Club offers quality Coaching and Programmes
for athletes of all ages.



Term 4 2020 "One Team - One Club"

Committee 2020-21

The Club would like to welcome our 2020-21 Committee; Aaron, Annalise, Charlotte, Darren, Deirdre, Louise, Nicole, Rebecca and Sarah. These amazing parents were elected at the Club's AGM held on 2 November. They have hit the ground running, already having two Committee meetings ticked off, the Club Prizegiving, supporting the GFA Teddy Bears Picnic Festival and a staff social function.



We would like to sincerely thank Marion Cox, Greg Marsden, Lynette Chin and Ellen van Dijken for their hard work and support of the Club over the past 1-2 years on the last Committee. They achieved so much over this time and have really set the groundwork for the new team. Thank you!

WHAT'S BEEN HAPPENING

- Christmas Bauble Fundraiser
- New Programme Manager
- Holiday Programme confirmed for December and January
- WAG Trip to Christchurch
- Annual General Meeting
- Competitive Prizegiving



Teddy Bear Picnic GFA Festival

Personalised Christmas Bauble

Grab your gymnast a Hutt Valley Gymnastics bauble to flip on your Christmas tree. Only \$10 for a personalised ball or \$9 for just the logo. Orders close on 27 November to ensure you have them on your tree by December 15th.



[Click here](#) or scan the QR Code to order your Christmas Bauble. Orders close, 27 Nov so get in quick.

COACH PROFILE: MICHELLE WOOLF

Head Coach, Womens Artistic Gymnastics (WAG)

"I started gymnastic at age 9 at 5 Star gym, which later the competitive side moved and become Hutt Valley Gymnastics. I completed Level 3-9 (until I was 17 years old), representing Wellington at Nationals on numerous occasions. I started my coaching journey at age 13 while I was still competing, so have been coaching over 25 years. I'm the only coach at the Club that has been here since the beginning - we have a couple of gymnasts that are still with us now as coaches. I became a Life Member of the club a few years back.

In the last 25 years I have got my senior/FIG Level 2 qualification, coached two gymnasts who have gone on to compete at Worlds and the Commonwealth Games - 2006 and 2014 (they spent their last year with the National Team in Auckland and Christchurch) and another 10 plus who have represented NZ on Levels teams, as well as coaching levels teams to Hawaii and Australia.

I have also coached 95% of our current WAG coaching staff. My current focus is on bringing through the next generation of coaches. My favourite apparatus when I was competing and to coach is Bars, and I love seeing gymnasts achieving their goals/skills that they have spent multiple hours and hard work to master.

In 2005 I received my international judging qualification and have been lucky enough to judge all over the world including Brazil, Canada, USA, Australia, South Africa, Qatar, Azerbaijan and Italy.

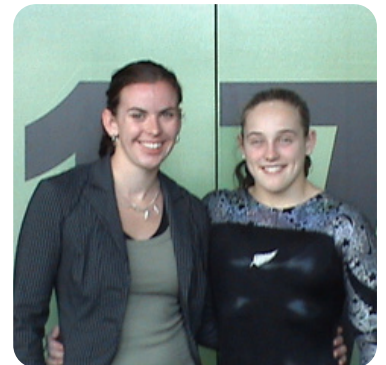
In 2016 I achieved Category 1 at the International Judging Course (held every 4 years) which gives me the rank of #1 WAG judge in NZ and places in the top #25 WAG judges in the World.

Having judged at major comps like PAC Rim, World Cups, Worlds (2018 & 2019) multi-sport events like University Games (2019) and Commonwealth Games (2018). My ultimate goal with judging is to judge at the Olympics - which I have been selected for the 2020 Tokyo Games - so fingers crossed for 2020NE."

Michelle



Judging at World Champs 2019 in Stuttgart, Germany



With Alice Barnett at the 2005 World Champs



As a gymnast



With Hutt Valley Gymnasts 2018



With the NZ Team at Worlds 2019



With the Hutt Valley Gymnasts representing NZ in Hawaii 2012

Welcome to the HVG Team

Lynn Wallace, Programme Manager

We are excited to welcome Lynn Wallace to the Club as our new Programme Manager. Lynn starts with us on 1 December and comes with lots of ideas and enthusiasm to bring to the team. She will be supporting our coaches to grow our Club, identifying potential new classes, codes and other revenue streams. There will be a strong focus around the workplace, resources, and educating the team. We are certainly looking forward to having Lynn on the team. You will get to meet Lynn over the coming months as she will be coaching and meeting as many members as possible.



HVG Committee Update

Committee Members and Roles:

Charlotte Haigh - Chairperson

Aaron Simmons - Deputy Chairperson & HR Officer (shared)

Deirdre Follett - Secretary

Sarah Burnell - Treasurer

Annalise Austin - Health and Safety

Darren Sears - Property Officer/Fraser Park Project

Louise Waiariki - Fundraising Officer

Nicole Manning - Marketing Officer

Rebecca Hills - Grants & HR Officer (shared)

Holiday Programme - Registrations Open

Registrations are open for our Holiday Programme running from 16 - 22 December, and 5 - 29 January 2021. Please share with your friends and come along for some fun. [Click here for more information.](#)

Fraser Park Update

A big THANK YOU to everyone who took part in our annual Golf Day. We raised \$10K towards our new building and lots of fun was had on the day.

Next Committee Meeting

The next meeting is scheduled for Thursday, 10 December commencing at 6:00pm. All members welcomed.

Fundraising sub-Committee

Kia Orana Gym Members and Wider Gym Whanau.

Let me introduce myself, I'm Louise, Mum to Te Ana in Step 5. I am part of the Committee and have been given the Fundraising portfolio. This is a huge job along with all other roles on the Committee. In the weeks to come I will introduce the fundraising team, however if you are keen to help out with all things fundraising please let me know. We will always need help whether it be behind the scenes or if you are a "Fundraising Guru" we definitely want to hear from you.

Our next fundraiser is the annual Christmas Raffle. Your assistance to make this a success would be appreciated. If all gymnasts, big or small, are able to contribute one or two items (big or small) it will help to make this a success. Items such as the following will be greatly accepted" non-perishable food, women's pamper items, men's pamper items, kids items, sports pack items. As there is a short time frame to get the items and make up the raffle, if you can drop your item(s) into the office from now until 27 Nov it would be much appreciated. Thank you in advance.

The Fundraising Team



WAG (Womens Artistic Gymnastics)



WAG Trip to Christchurch

The wag Step 4 and up gymnasts and their families had an amazing team trip to Christchurch over the school holidays. They were involved in a Gymnastics NZ Super Series 2 day competition, followed by a training clinic for 3 days with gymnasts from around the country.

The 17 girls made the most of the Trip doing team outings rock climbing, the International Antarctic Centre, and up the gondolas. With many of the girls taking up the opportunity to have one on one training sessions with NZ 2016 Olympian Courtney McGregor. A big thanks to the CSC Coaches at the clinic with the girls all achieving goals (and lots of giants achieved on the bars)

Step 4: 1st overall Zara Fitzsimons, 2nd Payton Austin, 3rd Hazel Passmore 4th Mariska Sue, 5th Sienna Chapman 1st Team

Step 5 Overs: 2nd Overall Maia McLaughlan, 3rd Te Ana Waiariki, 4th Elizabeth Longhurst
Step 5 Unders: 4th Leah Austin
Step 5 was 1st Team

Step 7: 3rd Rylee Hammond, 4th Charlie Simmons

Step 8: 2nd Olive Young

With multiple team and apparatus placings.



Gymnastics New Zealand Super Series 2020

A big congratulations to the following Hutt Valley Gymnastics Club gymnasts who made the 2020 super series achievement boards. What an awesome job Team:



WAG:

Step 5- Maia, Elizabeth, Leah, Taylor, Te Ana

Step 7- Charlie, Rylee, Hayley

Step 8 - Olive, Rosa

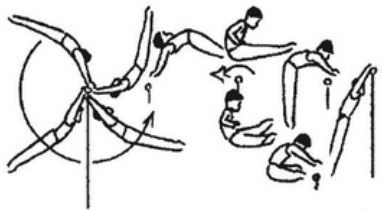
MAG:

Henry, Daniel, Alex and Logan

MAG (Mens Artistic Gymnastics)

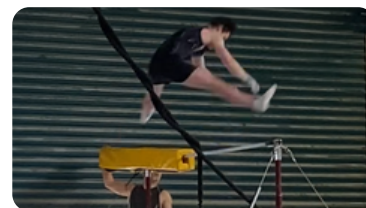
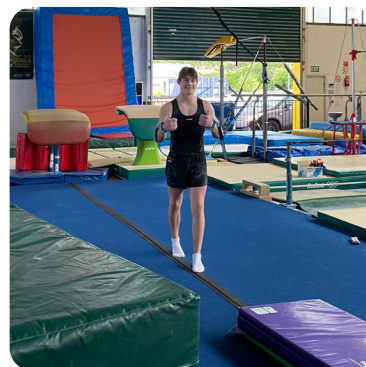
9. Elan en av. et sauté dorsal jamb. éc. ou c. à la susp.
Swing fwd. and vault bwd. strad. or piked to hang.
Impulso ad. y salto dorsal p. ab. o carp. a la susp.

(Tkatchev)



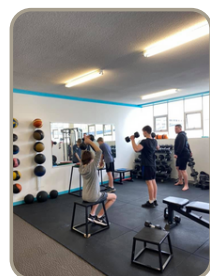
New Skill Alert!

Congratulations to Logan Curtis who has a new high bar skill; Tkatchev. He performed this at the Prizegiving on 7 November with much cheering and support from his peers.



Level 4+ Holiday Training

During the Holidays the Level 4 and over trained both at our Gym and also at Pure Movement on Riddiford Street, Lower Hutt. Thank you to Aaron and Michelle Boyd for welcoming the boys to your gym.



2020 Prizegiving - Competitive & Recreational



Recreational Gym Prizegiving

The GFA Prizegiving will be held on 13 December from 11-12:30pm as part of the Festival celebrations. There will be Stage 1 - 2 Routines and HVG Ribbons.



Competitive Prizegiving

This was held on Saturday, 7 November. The building was packed and our athletes had to share their skills and skits with friends and family. The boys even had a go at the girls apparatus!

Prizegiving Results:

Senior Gymnast of the Year: Alexander Sims
Overall Top Gymnast: Logan Curtis and Olive Young.
Competitive Coach of the Year: Chris Mackay
GFA Coach of the Year: Alanah Goldingham
10 Year Servcie Award: Gemma Fleetwood-Jones

